

Are you a





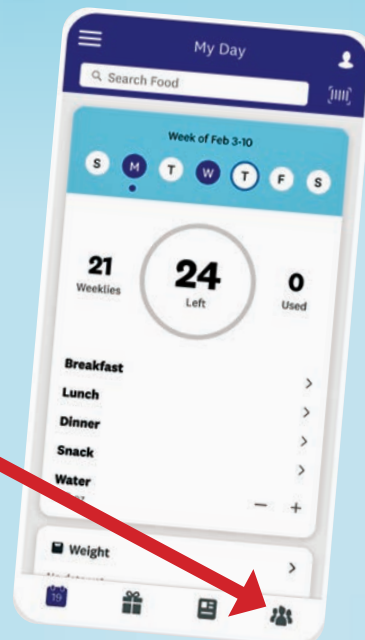
member?

Let's support each other in the 1199ers Group!

That's right—we have a WeightWatchers group exclusively for 1199ers in the Connect section of the WW app—so join today.

How do you join Connect?

- 1** You must be a WW member to join the 1199ers Group. Connect is part of the WW app, so download the app, if you haven't already done so.
- 2** Sign in using your WW ID (found at the top of your profile) and password.
- 3** Tap the group of people icon in the lower right-hand corner.
- 4** Tap the green “Browse groups” button. 
- 5** Tap the search icon  in the top right corner, type in **1199ers**—and join the group!



It's about community.

In the **1199ers Group** we can laugh, share recipes, swap stories and above all support each other!

If you are not a WW member yet,
but would like to sign up, visit
www.1199SEIUBenefits.org/ww



1199SEIU Benefit Funds



WeightWatchers